

Community. Connection. Collaboration.

MI Community Learning Project

We invite you and members of your staff to participate in a 9 month long MI learning community which will offer consistent practice, collaboration with learning partners, group supervision, CEU's and a certificate. More importantly participating staff will bring a level of expertise and proficiency in MI that can be embedded in your organization and can become a Training resource for the entire organization.

Motivational interviewing (MI) is an effective, evidence-based technique for helping clients resolve ambivalence about behaviors that prevent change.

This technique is based on a manner that is both respectful of and curious about people. It supports the process of change naturally and respects the client's autonomy. It is shown to be especially helpful in working with people experiencing addiction, housing instability, homelessness, in need of harm reduction and health issues.

The Goal will be to create a learning community and 'partners in practice' who will learn together and from each other as they shadow each other and meet to deepen their practice of Motivational Interviewing; with the overall goal of enhancing the skill and success of staff throughout our community as they work with marginalized populations.

Process: Potential participants will take part in the MI basics as either an introduction or review of philosophy and approach. Those intro. classes are being offered at The Forum monthly and can also be taken elsewhere (We request that an intro. to MI class be completed in the past two years before beginning the Learning project) Participants will then attend an all-day MI intensive led by MINT trainer. Following the classes those volunteering to be a part of the project, would be paired up and shadow each other and then meet (monthly) for a supervisory group with observation, coaching, and feedback provided on their MI practice.

Incentives for participation: CEUs for each of the classes and possible CEUs for the 'study group' or supervision group. And of course an increased effectiveness in practice and connections across agencies! Certificates from the Learning Community and The Forum/HSN with be available to all participants.

Incentives for Agencies: Well-trained staff, creating trained mentors in each agency around MI skills and approach, Inter-agency collaboration. Pathway for ongoing training for new hires for agencies by the trained mentors. Staff that is trained and peer reviewed in MI, certified as a Train the Trainer.

Stage 1: Basic MI Training (offered monthly at The Forum at Hope Haven and elsewhere): To be completed by August 17, 2023

Stage 2: Advanced MI Training* (All day training at The Forum at Hope Haven)-Offered on August 18th)

*Prerequisite- Basic Training

Stage 3 Learning Community Project -9 Month Project* Beginning in September of 2023 **Prerequisite- Successful completion of Advanced MI Training*

- Monthly Peer Training & Supervision> Observation, Coaching, and Feedback, Participation in "real plays" (must attend 6 out of 9)
- Peers will also meet at least once a month in between monthly peer training and supervision to provide observation, coaching, and feedback to each other and will complete a feedback form to bring to monthly meetings

Stage 4- 'MI Certification*

*Prerequisite- Completion of the Learning Community Project

At the end of the nine months, a final training day will be offered to provide participants with training recommendations, including exercises, resources, and instructions on how to complete their own MI support in their organization. After graduating from the Learning Community MI Training, Project participants will graduate and receive a Certificate indicating they are experienced, their skills have been peer-reviewed and observed by MI trainers, and are prepared to train others in their agency about MI. Final session and graduation from the Learning Community Project scheduled for June of 2024.

Cost For participants:

\$200.00 per individual which will cover all sessions over the 9 month period following MI Advanced all day workshop.

\$40.00 -August 18th Mi Advanced workshop at the Forum: (To be paid separately)

*Scholarships are available by request. Discounts may be available for multiple attendees from one agency. For more information about either of these options, please contact Barabara Thomas at TheForum@hopehaveninc.org

Agency Participation in The Learning Community Project

Expectations of Agencies: Participating Agencies will be those who agree to support staff members in taking part in the Learning Community Project as outlined above.

Each agency will sign the **agreement of participation** which outlines time required for staff participation. Each agency agrees also to communicate to staff supervisors the parameters of the Learning Community Project.

Each Staff member will also sign a **Learning Community Participant Agreement** which outlines requirements and expectations and a copy of which will be available to the supervisor and Director of the agency.

Finally each agency representative will sign an **Memorandum Of Understanding** that will outline confidentiality requirements, supervisory requirements and liability issues for Learning Community Partners as they shadow and enhance their service through practice across agencies. The basic understanding will always be that responsibility for outcomes regarding individual clients will remain with the clinician and agency under whose care the client resides.

To find out more email Barbara Thomas: The forum@hopehaven.org

To register for Mi basic or advanced: www.hopehaveninc.org/courses/